Relationships, Sex and Health Education (RSHE) Policy

Trust: Bellevue Place Education Trust (BPET)

Approved by: Local Governing Board & Headteacher

Trust Chair Approval: Claire Delaney

Implementation Date: 1 September 2026

Policy Renewal Period: Every 2 years (Review Date: 1 September 2027 / Annual Local Review)

Lead Member of Staff: PSHE/RSHE Lead - Iqra Qureshi & Headteacher - Liz Haynes

1. Bellevue Place Education Trust (BPET) Commitment & School Values

Watling Park School operates under the BPET motto: **Learn, Enjoy, Succeed**.

- **Learn:** We offer an ambitious provision that supports an exceptional academic education, nurturing every child's learning journey regardless of ability, background, or special educational needs.
- **Enjoy:** We create opportunities for all children to reach their full potential and enjoy school life, growing into happy, independent, and confident learners.
- **Succeed:** We prepare our pupils to approach life with confidence, purpose, integrity, and self-respect.

Our RSHE provision weaves BPET's ethos together with Watling Park School's core values: **Ambitious, Kind, Inclusive, Responsible, Honest, and Respectful**.

RSHE helps pupils build healthy, respectful relationships, understand physical and mental health, learn about growing up and body changes in an age-appropriate sequence, and develop key personal attributes such as kindness, generosity, and honesty.

2. Statutory Context & Equality Act Duties

This policy complies with Sections 34 and 35 of the Children and Social Work Act 2017 and the DfE statutory guidance *Relationships Education, Relationships and Sex Education (RSE) and Health Education*.

Under the Equality Act 2010, Watling Park School ensures teaching is inclusive regardless of disability, educational needs, race, sex, gender identity, religion, or sexual orientation.

- Pupils learn about protected characteristics in an age-appropriate, factual, and balanced manner, avoiding bias or personal subjective beliefs.
- Teaching reflects the diversity of modern British families (including single parents, same-sex parents, foster, and adoptive families) integrated within the wider curriculum.
- We balance respect for diverse faith and cultural beliefs in our Barnet community with children's rights to clear, scientific, and factual safety information.

3. Safeguarding, Language & Biological Terms

In line with BPET policy, DfE guidance, and Barnet Safeguarding Children Partnership (BSCP) expectations, teaching correct anatomical terms is essential primary safeguarding practice.

- **Anatomical Terminology:** Pupils are taught the correct names for body parts, including **penis, vulva, vagina, testicles, scrotum, and nipples**. Pupils learn that these body parts are private and develop skills to express personal boundaries.

- **Safe Learning Environment:** Teachers set clear class ground rules, use distancing techniques, and provide anonymous question boxes.
- **Child Protection & Confidentiality:** Staff cannot offer unconditional confidentiality. Any safeguarding disclosure or concern that a child is at risk of harm is immediately escalated to the Designated Safeguarding Lead (DSL) under the BPET Child Protection and Safeguarding procedures.

4. Curriculum Delivery & The Jigsaw Scheme

At Watling Park School, RSHE is delivered primarily through the **Jigsaw 3-11** scheme of work across six half-termly Puzzles, integrated across PSHE, Science, Computing, and PE lessons:

JIGSAW 3-11 PUZZLE MAP

Autumn 1 : Being Me in My World
Autumn 2 : Celebrating Difference
Spring 1 : Dreams and Goals
Spring 2 : Healthy Me
Summer 1 : Relationships
Summer 2 : Changing Me

Curriculum Matrix & Outcomes:

Curriculum Area	Statutory Status	Content & Learning Outcomes (BPET & Jigsaw Aligned)
Families & Caring Friendships	Statutory Relationships	Characteristics of healthy family life, commitment, respect for family diversity, building caring friendships, managing conflict with kindness, anti-bullying, and challenging stereotypes.
Respectful Boundaries & Safety	Statutory Relationships	Permission giving/seeking, privacy, personal space, recognizing unsafe situations, and reporting concerns to trusted adults.
Online Safety & Wellbeing	Statutory Health & Relationships	Age restrictions on social media/gaming (including risks of online pressure, monetisation, and addiction), critically evaluating online content, privacy settings, and digital manners.
Physical & Mental Health	Statutory Health Education	Link between physical health and mental wellbeing, emotional regulation, healthy eating, sleep hygiene, dental health, sun safety, basic first aid, and substance risks (vaping, alcohol, drugs).

Growing Up & Puberty	Statutory Health & Science	Human lifecycle, body growth, physical and emotional adolescent changes, hygiene, and factual understanding of menstruation before onset.
Sex Education (Y5/Y6)	Non-Statutory (Primary)	Human reproduction, conception, and how a baby is made (delivered discretely outside National Curriculum Science).

5. Roles & Governance Responsibilities

- **BPET Board of Trustees:** Monitors policy impact across the trust by reviewing educational outcomes and holding leadership to account.
- **Local Governing Board:** Monitors local application at Watling Park School via regular reports from the Headteacher.
- **Headteacher & PSHE Lead:** Ensure staff receive professional development, oversee age-appropriate resourcing, manage SEND adaptations, and handle parent withdrawal requests.
- **Teaching Staff:** Deliver objective, non-judgmental, age-appropriate lessons following school policy and maintain safeguarding standards.
- **Parents/Carers:** Partner with the school, support personal development, and foster open communication at home.

6. Special Educational Needs and Disabilities (SEND)

RSHE is accessible to all pupils. In accordance with the BPET SEND Policy and SEND Code of Practice:

- Staff recognize that pupils with SEND (including SEMH and learning disabilities) may be more vulnerable to exploitation or bullying.
- Teaching is adapted, differentiated, and personalized to suit pupils' developmental stages, communication needs, and individual vulnerabilities.
- Reasonable adjustments are made to ensure equal access to all learning outcomes.

7. Parental Engagement & Right to Request Withdrawal

Transparency & Consultation

Watling Park School informs parents of curriculum content and teaching resources. Resources are available on the school website or upon request, and parent consultation sessions are held annually before Summer term units.

Statutory vs. Non-Statutory Rights

- **Statutory Provision:** Parents **cannot** withdraw their child from Relationships Education, Health Education (including puberty and menstruation), or statutory National Curriculum Science.
- **Non-Statutory Sex Education:** Parents **have the right to request withdrawal** for their child from non-statutory Sex Education lessons taught in Year 5 and Year 6.

Withdrawal Procedure:

1. **Written Request:** Parents must submit a written request to the Headteacher.
2. **Discussion:** The Headteacher arranges a meeting to discuss the request, explain curriculum materials, and clarify the educational benefits.
3. **Alternative Provision:** If confirmed, the school ensures the pupil receives appropriate, purposeful alternative education during the specific lesson periods.

8. Complaints Procedure

Any concerns or complaints regarding the application of this policy should be raised in accordance with the **BPET Complaints Policy**.